

Lesson plan

Lesson 5	
Lesson objectives	Ideas on how to practice the short ii-v-i (Major)
Activities	<p>Practice each pattern over and over until it feels easy and you don't have to think about it.</p> <p>Use Backing track 1 and backing track 2 for the two different key centres.</p> <p>1 2 3 4 5 6 7 8 - Backing track 1 9 10 11 12 13 14 15 16 - Backing track 2</p> <p>Next, try the etude I included for you. Play it through a few times focusing on playing over just the short ii-v's.</p> <p>Can you try and improvise your own, at this stage probably not, you will need to really get some patterns under your fingers. Hence this lesson!!!</p>
Resources	<p>Backing track Demo recordings of exercises PDF sheets in Bb, C, Eb and Bass clef</p>
Notes on the lesson	<p>The patterns I have included start on either the root, 3rd, 5th or 7th. Two patterns for each chord note.</p> <p>1 & 2 - 9 & 10 = Root 3 & 4 - 11 & 12 - 7th 5 & 6 - 13 & 14 - 5th 7 & 8 - 15 & 16 = 3rd</p> <p>You never know where you might find yourself, it is important that you can start a phrase on any of the chordal notes! For those of you that are finding this simple, maybe also add the 9th too??</p> <p>You can of course try and create your own. Mine are pretty diatonic with little chromaticism.</p> <p>What I have found to be the MOST IMPORTANT part of practicing jazz, whether short ii-v's, long ii-v-i's or any progression come to that, is WHERE AM I GOING? What is the key centre of the next bar! This is something (forward motion) I will cover in a future lesson.</p> <p>But, if you stick with targeting chordal notes, you will always sound very melodic and you will be in the correct key centre!</p>

I believe (after many frustrated years of practicing) that it is essential to have lots of patterns and phrases really internalised in your fingers/ears.

The ONLY way to do this is with repetition!

As well as trying the phrases included in this lesson, try to find some of your own, maybe played by your own favourite players!

Practice them in a way that will stick, IE, over and over again!