

**Darren Lloyd**  
**Jazz Coaching Program**

**Rhythm**

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## Lesson plan – Jazz vocabulary

### RHYTHM

Lesson objectives	To understand how to use rhythm within jazz practice
Activity 1	Practice playing the rhythms. If you are not a great reader, listen to the demo recordings and simply copy the rhythms you prefer. You don't need to internalise all 10 but the more you have in your vocabulary, the more interesting your solos will sound.
Activity 2	Choose your favourite rhythm(s) and practice it over the 2 5 1 using backing track. Try just on the tonic note of the chord.
Activity 3	Choose your favourite rhythm(s) and practice it over the 2 5 1 using backing track. Try just on the 3rd note of the chord.
Activity 4	Choose your favourite rhythm(s) and practice it over the 2 5 1 using backing track. Try just on the 5th note of the chord.
Activity 5	Choose your favourite rhythm(s) and practice it over the 2 5 1 using backing track. Try just on the 7th note of the chord.

# RHYTHM

①



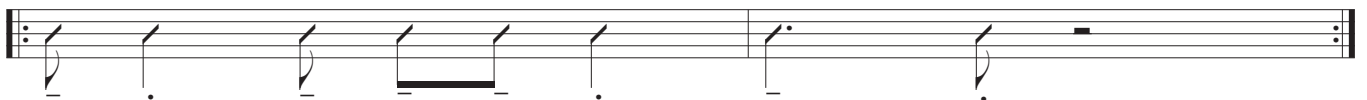
②



③



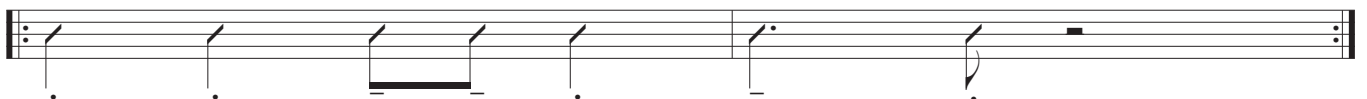
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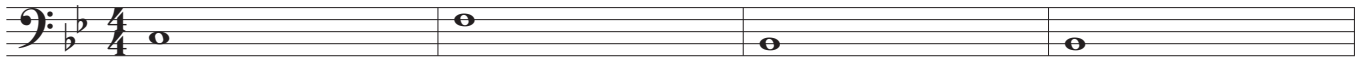
# RHYTHM PRACTICE

Cm7

F7

B♭maj7

B♭maj7



Tonic

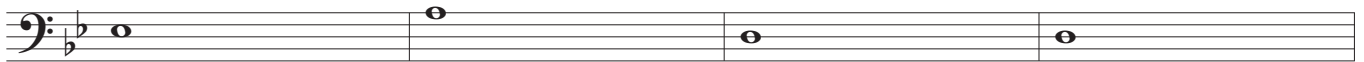
Cm7

F7

B♭maj7

B♭maj7

5



3rd

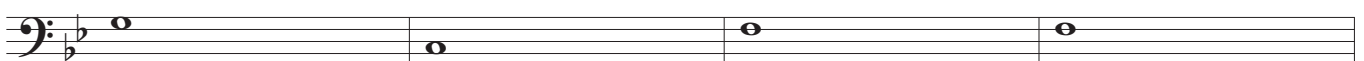
Cm7

F7

B♭maj7

B♭maj7

9



5th

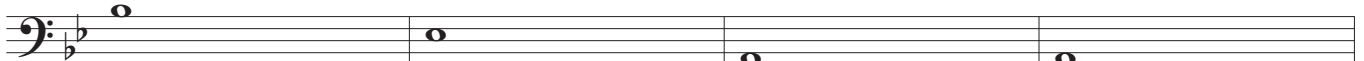
Cm7

F7

B♭maj7

B♭maj7

13



7th

Cm7

F7

B♭maj7

B♭maj7

17



Tonic

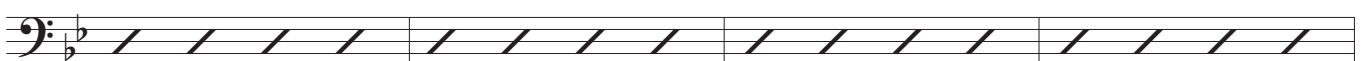
Cm7

F7

B♭maj7

B♭maj7

21



3rd

Cm7

F7

B♭maj7

B♭maj7

25



5th

Cm7

F7

B♭maj7

B♭maj7

29



7th

# RHYTHM PRACTICE

Dm7                      G7                      Cmaj7                      Cmaj7

Tonic

5

Dm7                      G7                      Cmaj7                      Cmaj7

3rd

9

Dm7                      G7                      Cmaj7                      Cmaj7

5th

13

Dm7                      G7                      Cmaj7                      Cmaj7

7th

17

Dm7                      G7                      Cmaj7                      Cmaj7

Tonic

21

Dm7                      G7                      Cmaj7                      Cmaj7

3rd

25

Dm7                      G7                      Cmaj7                      Cmaj7

5th

29

Dm7                      G7                      Cmaj7                      Cmaj7

7th

# RHYTHM PRACTICE

Cm7                      F7                      B♭maj7                      B♭maj7

Tonic

Cm7                      F7                      B♭maj7                      B♭maj7

5

3rd

Cm7                      F7                      B♭maj7                      B♭maj7

9

5th

Cm7                      F7                      B♭maj7                      B♭maj7

13

7th

Cm7                      F7                      B♭maj7                      B♭maj7

17

Tonic

Cm7                      F7                      B♭maj7                      B♭maj7

21

3rd

Cm7                      F7                      B♭maj7                      B♭maj7

25

5th

Cm7                      F7                      B♭maj7                      B♭maj7

29

7th

